

Live in the Northern Sydney Region?

NEED HELP AT HOME?

Are you ...

- **Aged 65+ (50+ for Aboriginal persons)**
- **A person with a disability, or**
- **A carer**

There are Commonwealth Home and Community Care (HACC) services and NSW Community Care Supports Programs (CCSP) in your local area that may be able to help.

Interpreting Service

Deaf and hearing impaired

Telephone Typewriter Service (TTY)..... 1300 555 727

Translating & Interpreting Service

TIS..... 13 14 50

Hornsby and Ku-ring-gai

Aboriginal and Torres Strait Islander People

Aboriginal Access & Assessment Team..... 1300 797 606
Aboriginal HACC Development Officer..... 9847 6061
Community Care Northern Beaches Ltd..... 9979 7677

Aged Care Assessment Team (ACAT)

Assessment for community aged care services and residential care
Hornsby Ku-ring-gai Hospital..... 9477 9711

Allied Health

Berowra Community Health Neighbour Aid..... 9456 3344
Physiotherapy, Speech Therapy & Podiatry
Catholic Community Services..... 1800 225 474
Physiotherapy, Occupational Therapy & Podiatry
Hornsby Ku-ring-gai Hospital..... 9477 9525
Physiotherapy, Occupational Therapy, Speech Therapy, Podiatry, Social Work & Dietitian
Lane Cove and North Side Community Services..... 9427 6425
Podiatry Only

Culturally & Linguistically Diverse Services (CALD)

For support, information & assistance with finding & using services
Armenian Community Welfare Centre..... 9419 6394
Australian Chinese Community Association..... 9412 3488
Christian Community Aid..... 9858 3222
Community Care Northern Beaches Ltd..... 9979 7677
Co.As.It. Italian Association..... 9564 0744
Greek Welfare Centre..... 9516 2188
Multicultural Community Advisory Service..... 8968 3410

Centre-Based Day Care

Activities and social interactions in a group environment
Armenian Community Welfare Centre..... 9419 6394
CALD/Dementia
Australian Chinese Community Association..... 9412 3488
CALD

Baptist Community Services..... 9346 1440
Frail Aged
Catholic Community Services..... 1800 225 474
CALD/ Frail Aged
Co.As.It. Italian Association..... 9564 0744
CALD/Dementia
Greek Welfare Centre..... 9516 2188
CALD
HammondCare..... 8437 7373
Frail Aged/Dementia
Richard Geeves Centre..... 9488 8694
Dementia
St. Catherine's Aged Care Services..... 8875 0919
Dementia
UnitingCare Ageing..... 1800 486 484
Frail Aged

Community Options/Case Management

Support for people with complex care needs and their carers
Catholic Community Services..... 1800 225 474
Community Care Northern Beaches Ltd..... 9979 7677
HammondCare..... 8437 7373

Dementia Services

Catholic Community Services..... 1800 225 474
Community Care Northern Beaches Ltd..... 9979 7677
Regional Dementia Planner
Richard Geeves Centre..... 9488 8694

Food Services/Meals

Home delivered meals and/or group social lunches
Galston Meals on Wheels..... 9653 2313
Hornsby Meals on Wheels..... 9482 2088
Ku-ring-gai Meals on Wheels..... 9144 2044

Gardening & Lawn Services

Community Assist Lawn Mowing..... 9488 8390
Easy Care Gardening Inc..... 9983 1644

Home Maintenance & Modification

Hornsby Ku-ring-gai Home Modification
& Maintenance Service..... 9847 6503

Nursing Care

Northern Sydney Home Nursing Service
Hornsby..... 9477 9277
Northern Sydney Home Nursing Service
Ku-ring-gai..... 9449 6677

Personal 24/7 Emergency Alarm

Constant Companion..... 9777 7836

Personal Care & Home Help

Help with personal care (bathing, dressing, toileting) and housework

Anglicare Chesalon Services 8422 1000
Baptist Community Services 9346 1440
Catholic Community Services..... 1800 225 474
Home Care Services NSW 1800 350 792
KinCare Community Services..... 1300 733 510

Respite Care

Provides carers with a break from their caring role

Anglicare Chesalon Services 8422 1000
Baptist Community Services 9346 1440
CatholicCare 8968 5100
Catholic Community Services..... 1800 225 474
Commonwealth Respite and Carelink Centre..... 1800 052 222
Home Care Services NSW 1800 350 792
Richard Geeves Centre 9488 8694
Sunshine 9983 9400
UnitingCare Ageing..... 1800 486 484

Shopping & Social Support Services

Assistance with shopping, individual & group social activities, and some assisted transport

Berowra Community Health Neighbour Aid..... 9456 3344
Catholic Community Services..... 1800 225 474

DARTS..... 9777 7840
Wheelchair Disability Only
Ku-ring-gai Neighbourhood Centre 9988 4966
Lifeline Harbour to Hawkesbury 9498 5882
Pennant Hills Neighbour Aid..... 9484 7777
UnitingCare Ageing..... 1800 486 484

Support Services

Providing counselling/support, information & advocacy for carers & care recipients

Catholic Community Services..... 1800 225 474
HammondCare 8437 7377
Hornsby Ku-ring-gai Hospital 9477 9525
Lifeline Harbour to Hawkesbury Inc..... 9498 5882
Multicultural Community Advisory Service..... 8968 3410

Transport

Transport services for medical, shopping, community access, individual & group activities

Easy Transport Community Transport 1800 035 262
Regional Office & Travel Training
Hornsby Ku-ring-gai Community Transport..... 9983 1611

Volunteers

Learn more about how you can volunteer for a community service

Ku-ring-gai Hornsby Volunteer Service..... 9424 0970

Information & Referral Services

Carers NSW 1800 242 636
Commonwealth My Aged Care 1800 200 422
Commonwealth Respite and Carelink Centre..... 1800 052 222
Hornsby Shire Council 9847 6611
IDEAS Disability Info Line 1800 029 904
Ku-ring-gai Council..... 9424 0836/0970
Ku-ring-gai Neighbourhood Centre 9988 4966
Mental Health Information Service NSW 1300 794 991
Northern Sydney Carer Support Service..... 8877 5349
Northside Community Forum Inc 8405 4444
Pennant Hills Neighbour Aid..... 9484 7777

Are you eligible?

You may be eligible for HACC or CCSP services if you are an older person, a person with a disability, or a carer. Agencies providing services will discuss your needs and eligibility during an assessment and will then provide you with information about your choices. It is important to understand that in some circumstances there may be more people wanting services than there are services available. It is the agencies' responsibility to make sure services are allocated fairly and on the basis of need. However if these government subsidised services are not available when you need them, there are some commercial/private services which may be able to assist.

How much does it cost?

Each service will provide information about its fees during an initial discussion of your needs. If you are not able to pay, you cannot be denied a HACC or CCSP service.



This information was produced by the Northern Sydney HACC
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